



Top 10 Hiking Tips

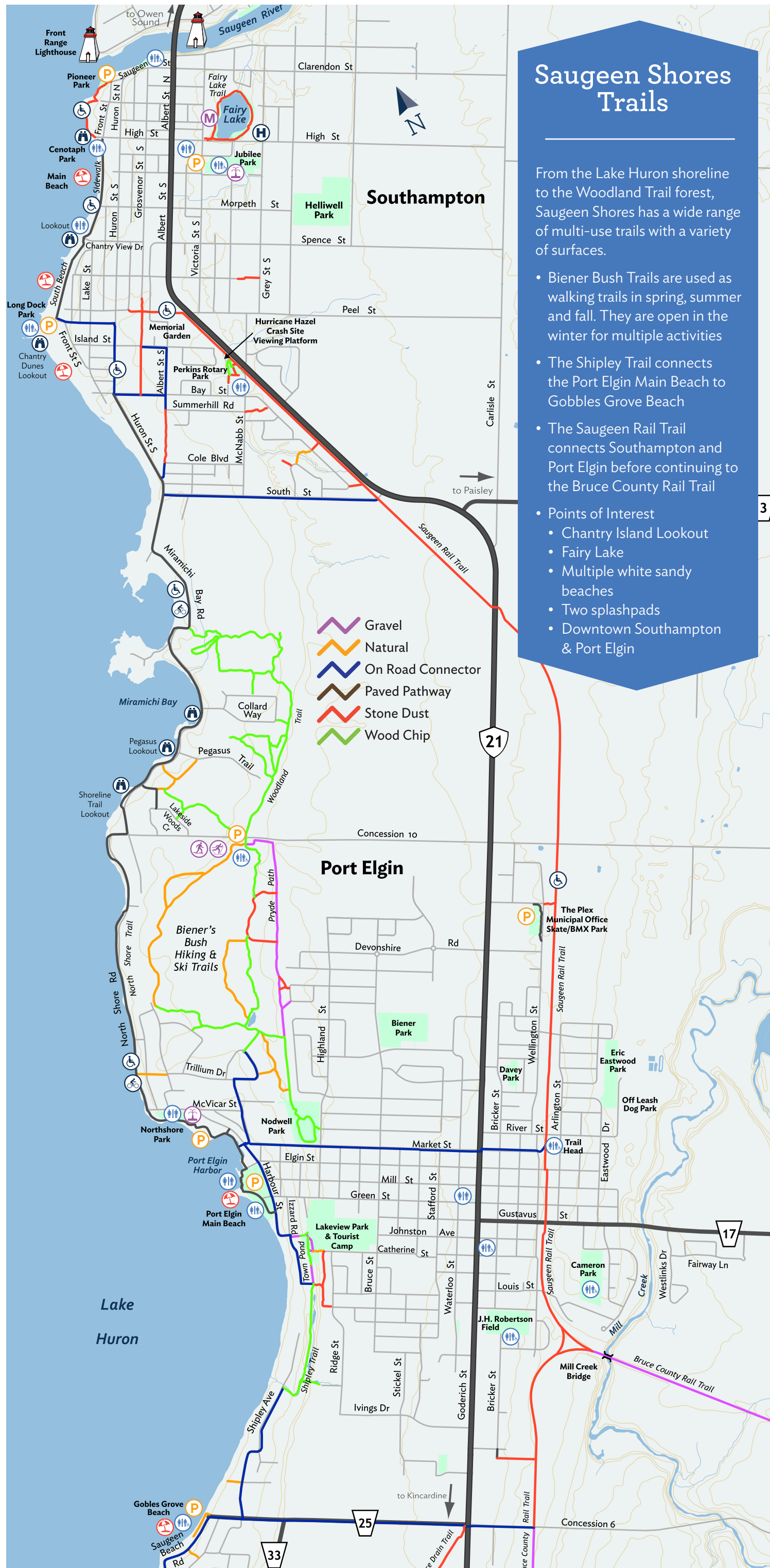
1. **Wear Proper Footwear** Pay attention to the difficulty rating and surface of trails and always wear suitable footwear.
2. **Bring Water & Snacks** Refillable water bottles will help you stay hydrated and reduce waste. Share with your friends, not the wildlife, feeding local animals can hinder their ability to survive independently.
3. **Pack In & Pack Out** Please ensure you recycle or dispose of your waste in a proper location.
4. **Leaflets three, let it be** Learn to recognize poison ivy and stay clear.
5. **Don't Get Bit** Wear light coloured long sleeves and pants to keep away mosquitos and black flies.

6. **Watch out for Snakes** Be mindful where you step, Massasauga Rattlesnakes have excellent camouflage, and they're a protected species. If you're bitten, seek immediate medical attention.
7. **Beware of Bears** In the rare event of a black bear encounter, make yourself as large as possible and make a lot of noise by yelling or stamping your feet.
8. **Be Prepared** Download the what3words app before you head out to help clearly share your exact location in the event of an emergency.
9. **Stay Connected** Let others know where you're planning on hiking, and bring your charged up cell phone so that you can call for help in case of an emergency.
10. **Take Nothing But Pictures** And leave only footprints so those who follow can also enjoy these natural wonders.



CAUTION PLEASE READ

- Many of these trails are multi-use trail facilities
- Adults must supervise their children
- Be aware of the changing conditions of trails and use at your own risk
- Trail use can be a risky activity
- The trail colours used in maps are for illustration purposes and may not reflect the difficulty rating of the trail. For detailed information please refer to the trail signs on site



LEGEND

- | | | |
|-------------------|----------------------|--------------------|
| Beach | Waterfall | Bridge |
| Dam | Attraction | Provincial Highway |
| Parking | Museum | County Road |
| Washroom | Cycling | Municipal Road |
| Accessible | Snowshoeing | Bruce Trail |
| Hospital | Cross Country Skiing | Rivers |
| Provincial Park | Splash Pad | Body of Water |
| Conservation Area | Lighthouse | Conservation Land |



Outfitters

For all of your gear and clothing needs, whether you're renting or purchasing, visit:

Blue Heron Outfitters

32 Carlton St, Tobermory
519-596-2999 • blueheronco.com

Penetangear

791 Queen St, Kincardine
519-396-7791 • penetangear.com

Martin's Bicycle Shop

235 High Street, Southampton
519-797-3200 • martinsbicycleshop.com

Suntrail Source for Adventure

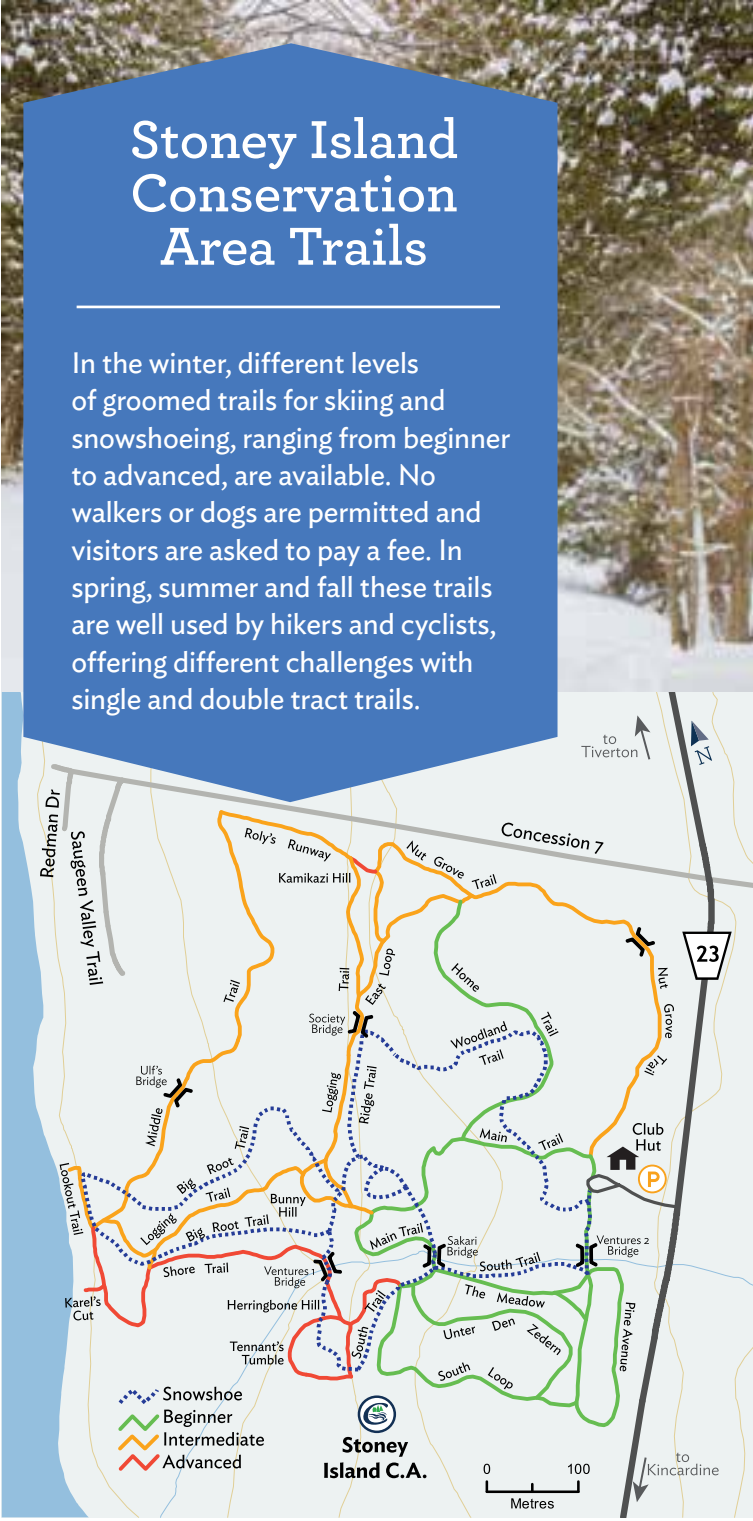
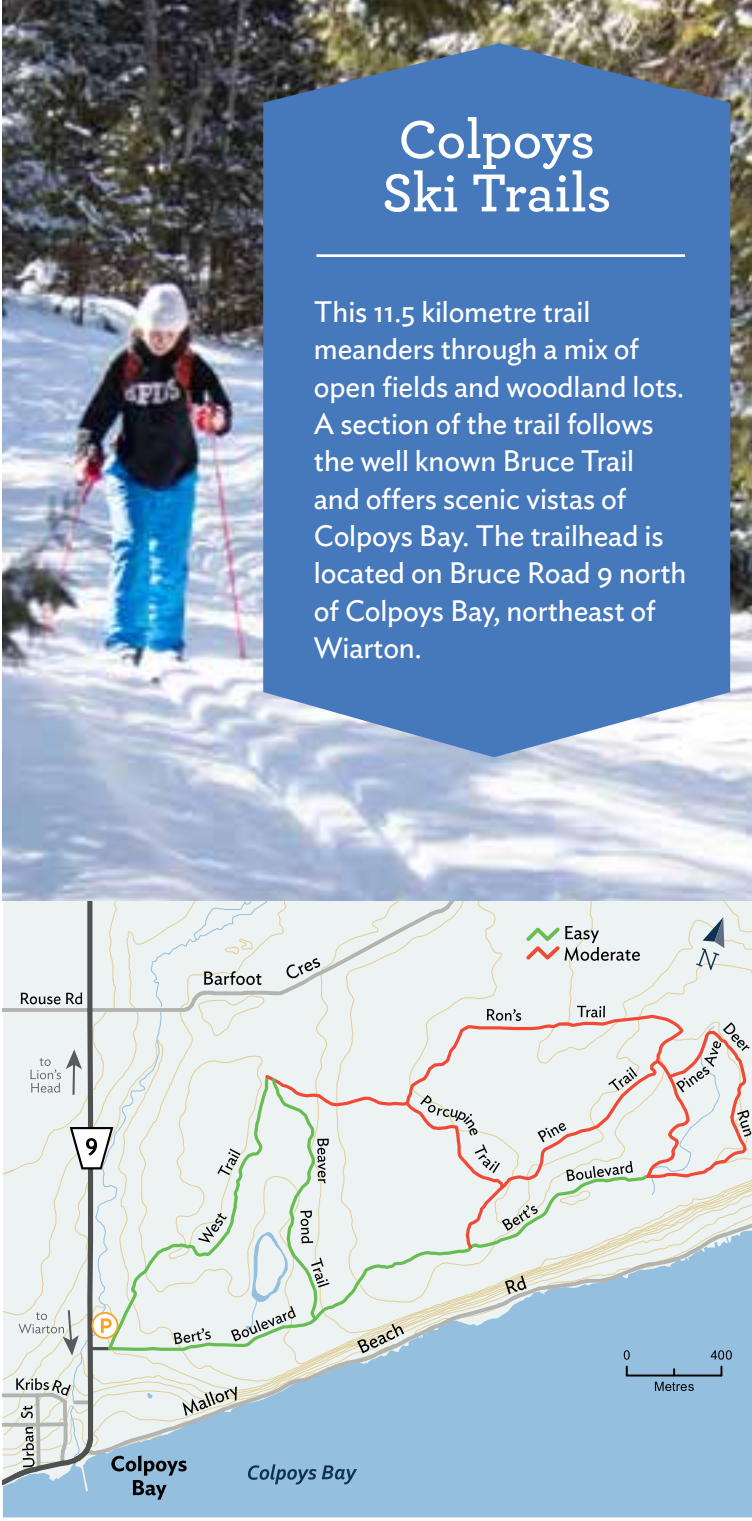
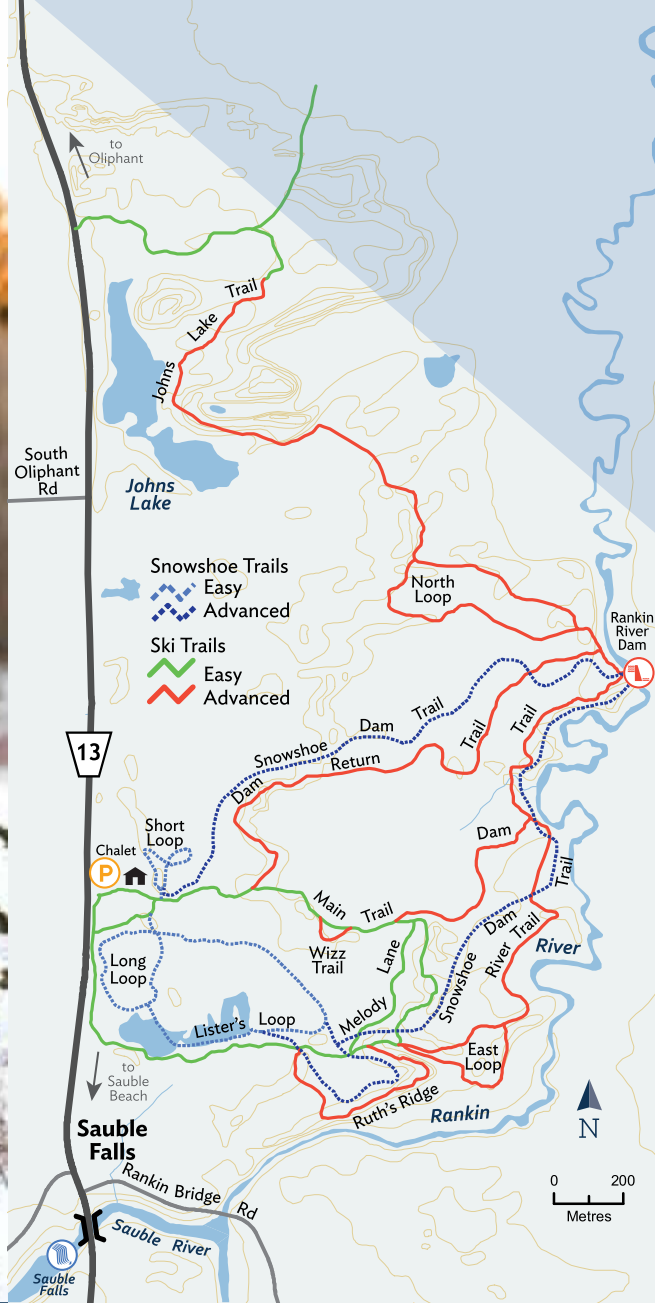
100 Spencer St, Hepworth
519-935-2478 • suntrail.net

Thorncrest Outfitters

398 Goderich Street, Port Elgin
519-389-3008 • thorncrestoutfitters.com

Sauble Cross Country Ski and Snowshoe Trails

Over 31 kilometres of groomed classic ski and snowshoe trails with loops of various lengths and difficulty offering options for all levels of abilities. The chalet is open on weekends during the ski season, with volunteers offering hot apple cider. Trail passes are required. In the spring, summer and fall, trails are open for hiking and biking.



Bruce Trail

The Bruce Peninsula portion of the Bruce Trail is 294 kilometres, providing the best views of Georgian Bay from Wiarton to Tobermory.

1 Overhanging Point

Overhanging Point is a massive bowl-shape hollowed out of a cliff, complete with stunning views of Georgian Bay. Spring and fall are the best times to visit this popular 4 kilometre trail. Reservations are required for parking at the Grotto. Book in advance at www.pc.gc.ca/grotto.

Level: Easy with Strenuous Sections GPS: 44°29'22.5" N 81°15'14.3" W

2 Devil's Monument

The largest of the Bruce Peninsula's flowerpot formations and one of the many spectacular places along the craggy shoreline known for incredible views along this 2-5 kilometre hike.

Level: Moderate GPS: 45°13'39.74" N 81°33'21.19" W

3 White Bluff

Located within the Smokey Head White Bluffs Nature Reserve, the White Bluff Loop offers three different loop trails that all have incredible views across Isthmus Bay, ranging from 6 to 12 kilometres.

Level: Moderate GPS: 45°02'04.85" N 81°28'37.76" W

4 Lion's Head

One of the best views on the Bruce, while a challenging 16 kilometre hike, the end result is unforgettable. Reserve parking at www.lionsheadparking.ca.

Level: Strenuous GPS: 44°98'99.51" N 81°24'22.27" W

5 Jackson's Cove

This 3-17 kilometre loop features an ever-changing variety of terrain and amazing view of Jackson Cove and Hope Bay with platforms and benches available to soak in the view.

Level: Easy to Moderate GPS: 44°93'95.88" N 81°13'31.52" W

6 Hope Bay

Hope Bay features the Jack Poste Side Trail, an easy 4 kilometre loop; it is here that you'll uncover the site of the popular glacial potholes, created by a late stage of glaciation.

Level: Moderate to Strenuous GPS: 44°90'31.98" N 81°15'59.69" W

7 Sydney Bluff

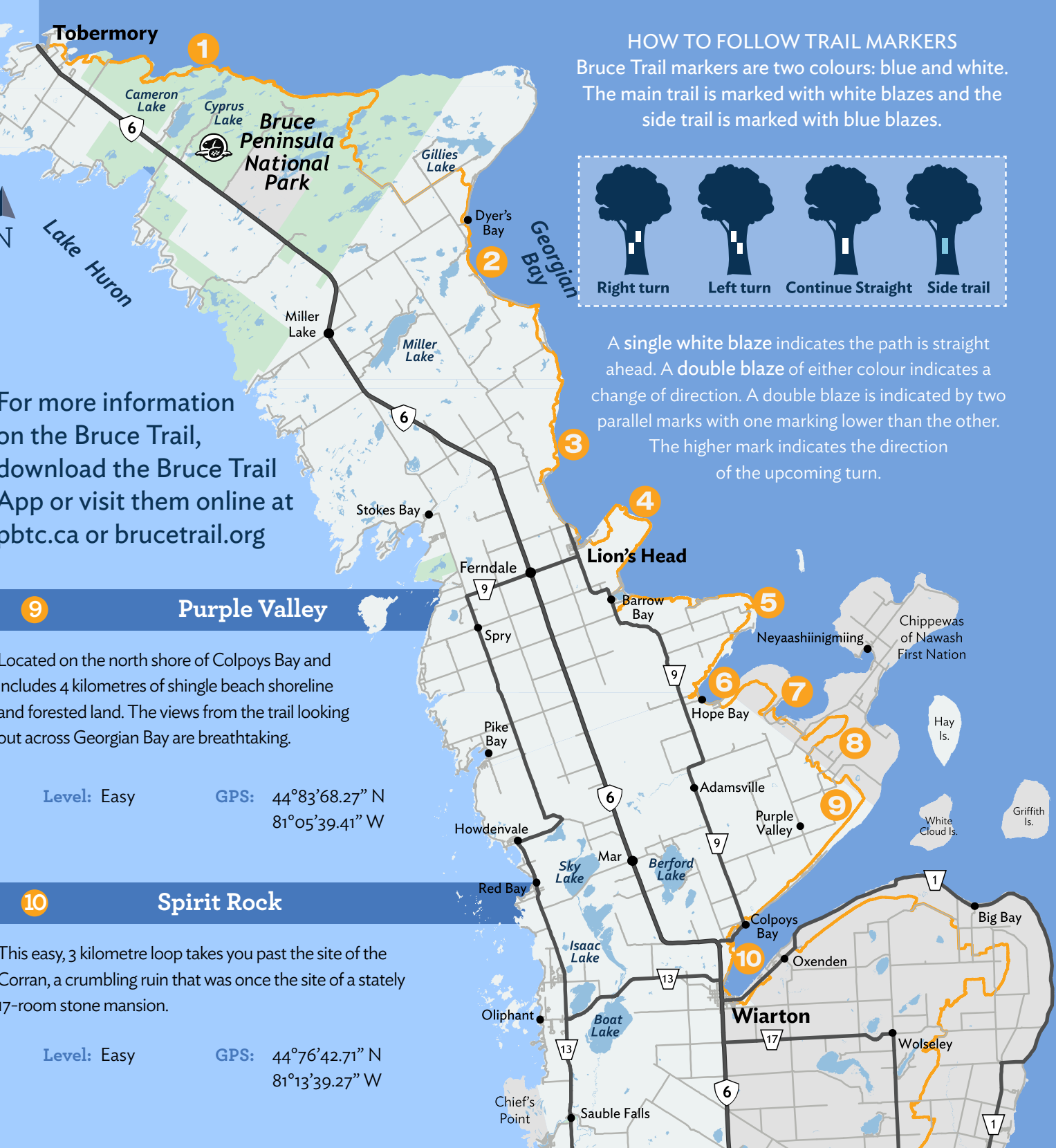
Sydney Bluff features the Ladder Trail, a 8.5 kilometre dead end hike with a crazy steel staircase climb to the amazing views of Georgian Bay. This trail is not accessible for dogs and should be avoided if wet.

Level: Moderate GPS: 44°89'97.91" N 81°14'22.76" W

8 Jones Bluff

The trail offers a relatively easy hike with beautiful scenic lookouts, but be forewarned that this loop means business with an endurance-testing 8.5 kilometre trek with no shortcuts.

Level: Easy to Moderate GPS: 44°87'77.52" N 81°07'10.79" W



For more information on the Bruce Trail, download the Bruce Trail App or visit them online at pbtc.ca or brucetrail.org

9 Purple Valley

Located on the north shore of Colpoys Bay and includes 4 kilometres of shingle beach shoreline and forested land. The views from the trail looking out across Georgian Bay are breathtaking.

Level: Easy GPS: 44°83'68.27" N 81°05'39.41" W

10 Spirit Rock

This easy, 3 kilometre loop takes you past the site of the Corran, a crumbling ruin that was once the site of a stately 17-room stone mansion.

Level: Easy GPS: 44°76'42.71" N 81°13'39.27" W

Inverhuron Trails

Offering 4 kilometres of shared use trails, Inverhuron has hiking and biking as well as popular areas for watersports such as paddle boarding, canoeing and kayaking.

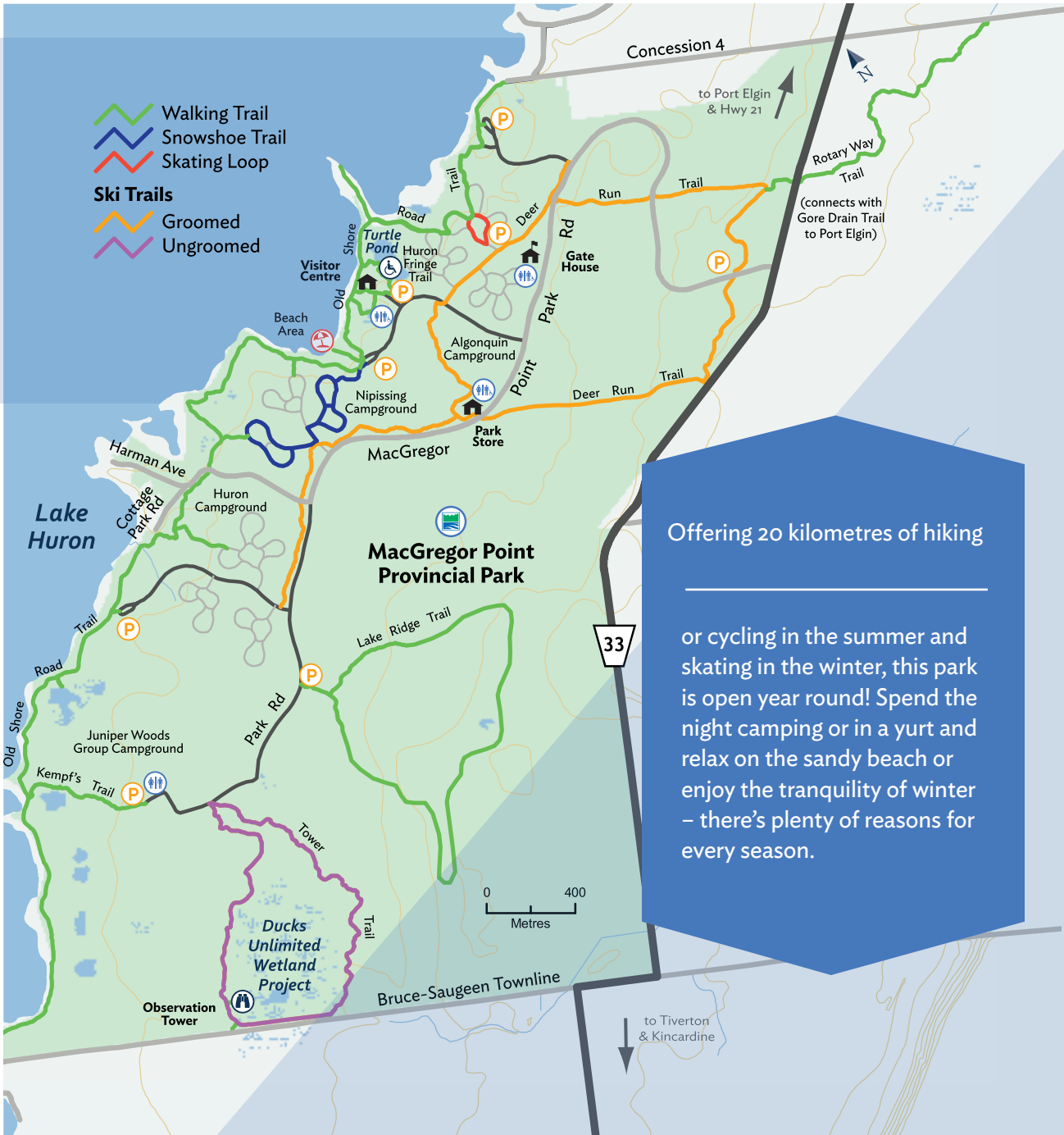


Ontario Provincial Park Trails

Along the Lake Huron shoreline are three Ontario Parks filled with trails and activities for your enjoyment! Bring along some birdseed, our local chickadee's aren't shy – but are hungry!

Sauble Falls Trails

This park is the perfect basecamp for visits to nearby Sauble Beach, with 2.5 kilometres of trails and camping. True to it's name, there is a waterfall that offers the perfect spot to set up a picnic.



Offering 20 kilometres of hiking

or cycling in the summer and skating in the winter, this park is open year round! Spend the night camping or in a yurt and relax on the sandy beach or enjoy the tranquility of winter – there's plenty of reasons for every season.