



## Top 10 Hiking Tips

- Wear Proper Footwear** Pay attention to the difficulty rating and surface of trails and always wear suitable footwear.
- Bring Water & Snacks** Refillable water bottles will help you stay hydrated and reduce waste. Share with your friends, not the wildlife. Feeding local animals can hinder their ability to survive independently.
- Pack In & Pack Out** Please make sure you recycle or dispose of your waste in a proper location.
- Leaflets three, let it be** Learn to recognize poison ivy and stay clear.
- Don't Get Bit** Wear light coloured long sleeves and pants to keep away mosquitos and black flies.



## CAUTION Please Read

- Watch Out for Snakes** Be mindful where you step, Massasauga Rattlesnakes have excellent camouflage, and they're a protected species. If you're bitten, seek immediate medical attention.
- Beware of Bears** In the rare event of a black bear encounter, make yourself as large as possible and make a lot of noise by yelling or stamping your feet.
- Be Prepared** Download the What3Words app before you head out to help clearly share your exact location in the event of an emergency.
- Stay Connected** Let others know where you're planning on hiking, and bring your cell phone so you can call for help in case of an emergency.
- Take Nothing But Pictures** And leave only footprints so those who follow can also enjoy these natural wonders.

- Download the app What3Words, which provides a unique 3-word combination for each 3 metre square across the world. Provide 911 with the 3 words to identify your location during an emergency.
- Many of these trails are multi-use trail facilities
- Adults must supervise their children.
- Trail use can be a risky activity.

- Be aware of the changing conditions of trails, use at your own risk.
- The trail colours used in maps are for illustration purposes and may not reflect the difficulty rating of the trail. For detailed information please refer to the trail signs on site.

## Kincardine Trails

Experience the new 12 km multiuse KIPP (Kincardine to Inverhuron Provincial Park) trail, starting at the intersection of Bruce Road 23 & the Blue Trail.

5 different trail systems take you into the heart of Kincardine. Check out the 35+ kilometres of Kincardine Trails for:

- Wheelchair accessible boardwalk along the south side of the harbour
- Multiple access points for each trail system
- Points of Interest
  - Kincardine Lighthouse
  - Pentangore River
  - Geddes Environmental Park
  - Featured Gardens
  - Downtown Kincardine

### Kincardine

0 200 Metres

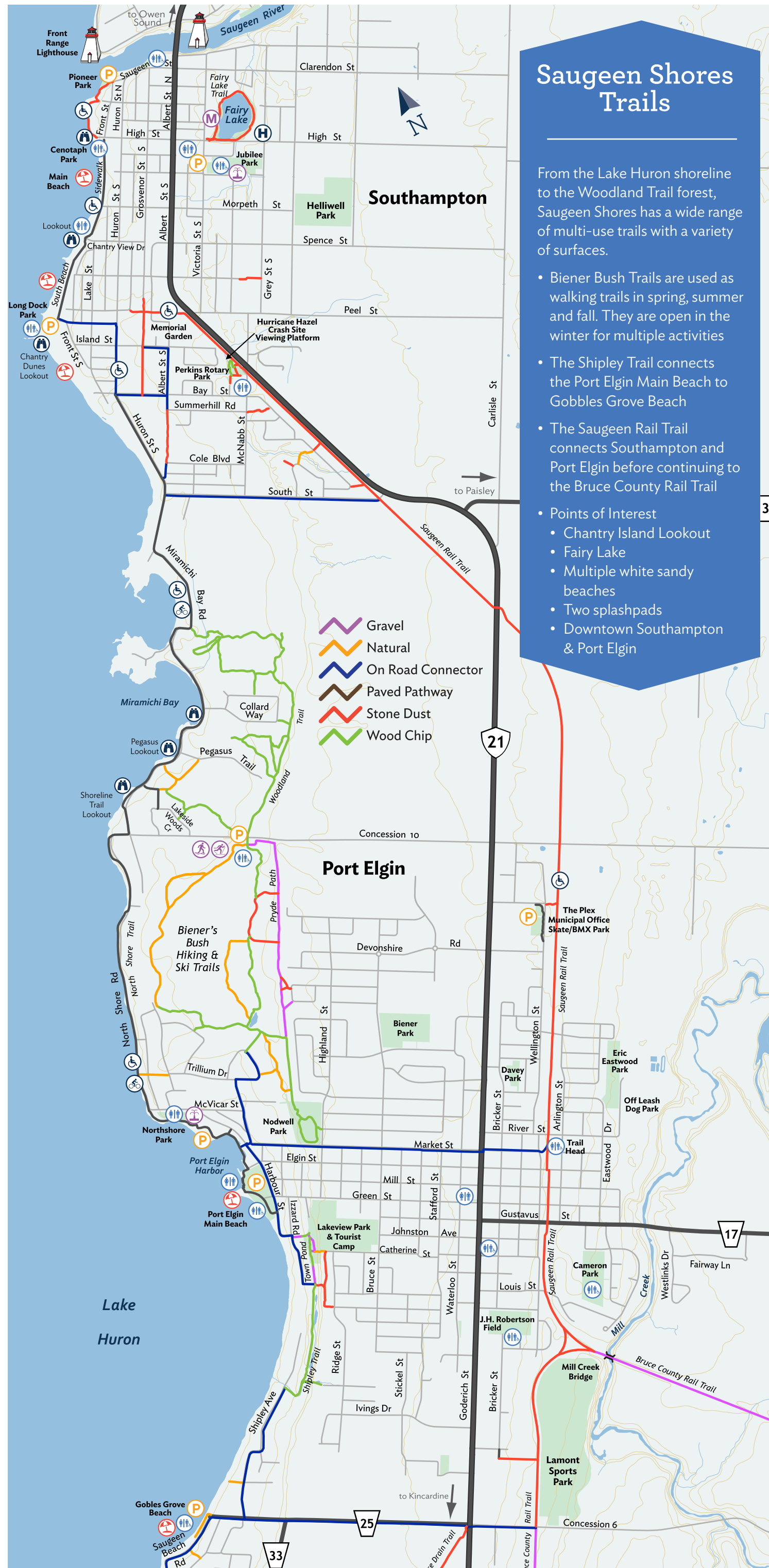


## Saugeen Shores Trails

From the Lake Huron shoreline to the Woodland Trail forest, Saugeen Shores has a wide range of multi-use trails with a variety of surfaces.

- Biener Bush Trails are used as walking trails in spring, summer and fall. They are open in the winter for multiple activities
- The Shipley Trail connects the Port Elgin Main Beach to Gobbles Grove Beach
- The Saugeen Rail Trail connects Southampton and Port Elgin before continuing to the Bruce County Rail Trail

- Points of Interest
  - Chantry Island Lookout
  - Fairy Lake
  - Multiple white sandy beaches
  - Two splashpads
  - Downtown Southampton & Port Elgin



## LEGEND

- |                   |                      |                    |
|-------------------|----------------------|--------------------|
| Beach             | Waterfall            | Bridge             |
| Dam               | Attraction           | Provincial Highway |
| Parking           | Museum               | County Road        |
| Washroom          | Cycling              | Municipal Road     |
| Accessible        | Snowshoeing          | Bruce Trail        |
| Hospital          | Cross Country Skiing | Rivers             |
| Provincial Park   | Splash Pad           | Body of Water      |
| Conservation Area | Lighthouse           | Conservation Land  |



## Outfitters

For all of your gear and clothing needs, whether you're renting or purchasing, visit:

### Blue Heron Outfitters

32 Carlton St, Tobermory  
519-596-2999  
blueheronco.com

### Martin's Bicycle Shop

235 High Street, Southampton  
519-797-3200  
martinsbicycleshop.com

### Southampton Outfitters

194 N Rankin St, Southampton  
519-797-3555  
southamptonoutfitterstackle.ca

### Suntrail Source for Adventure

100 Spencer St, Hepworth  
519-935-2478  
suntrail.net

### Penetangear

791 Queen St, Kincardine  
519-396-7791  
penetangear.com

### Thorncrest Outfitters

398 Goderich Street, Port Elgin  
519-389-3008  
thorncrestoutfitters.com



1-800-268-3838  
FIND US ON



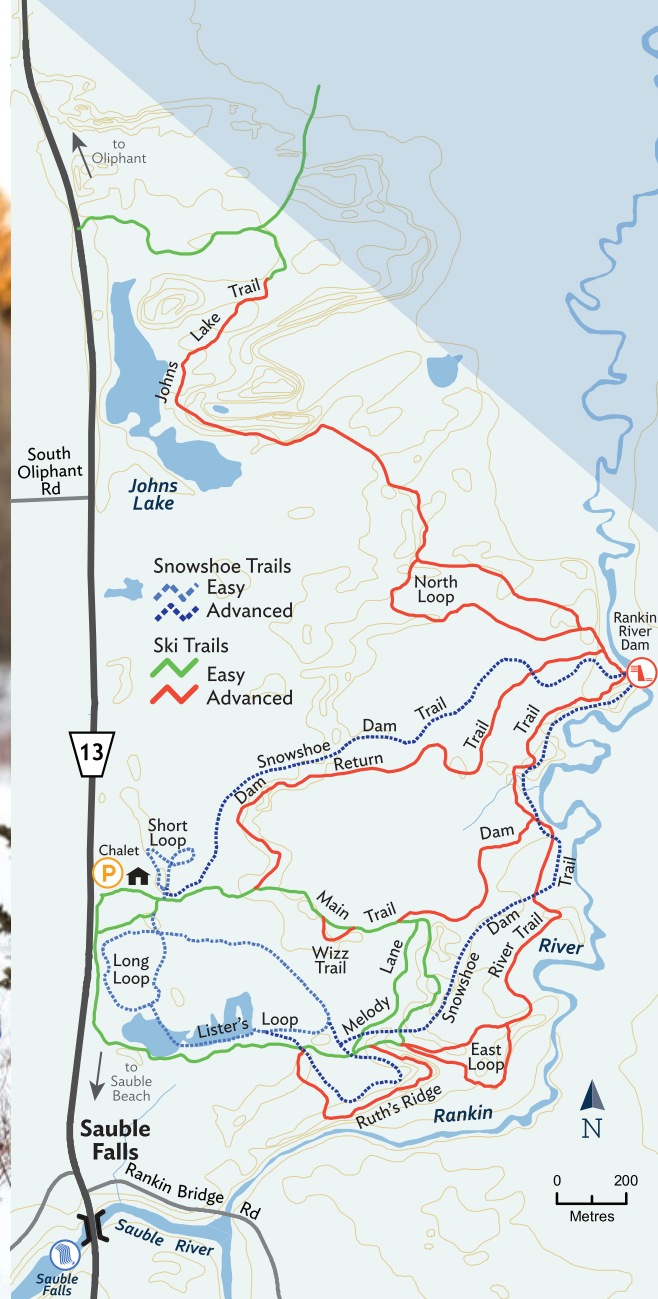
explorethebruce.com

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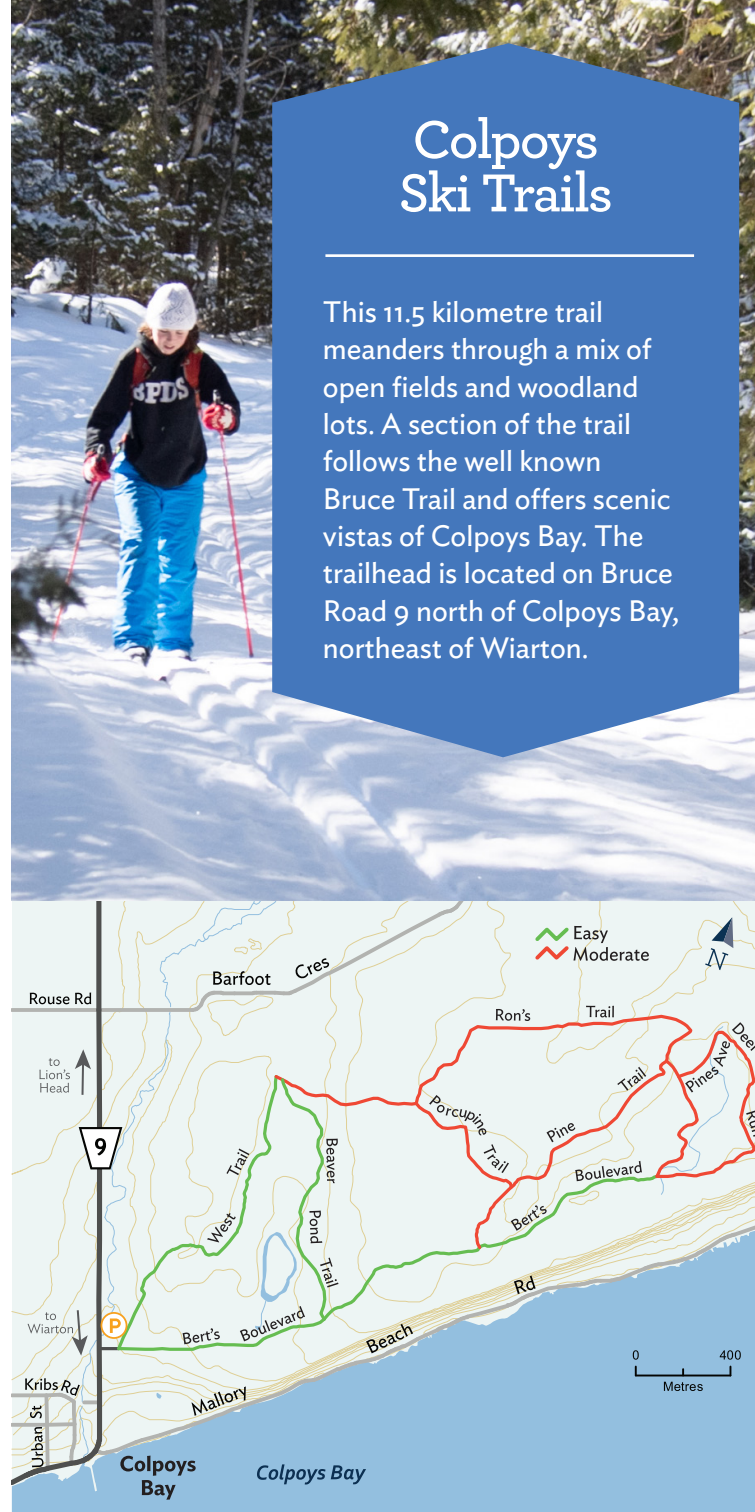
## Sauble Cross Country Ski and Snowshoe Trails

Over 31 kilometres of groomed classic ski and snowshoe trails with loops of various lengths and difficulty offering options for all levels of abilities. The chalet is open on weekends during the ski season, with volunteers offering hot apple cider. Trail passes are required. In the spring, summer and fall, trails are open for hiking and biking.



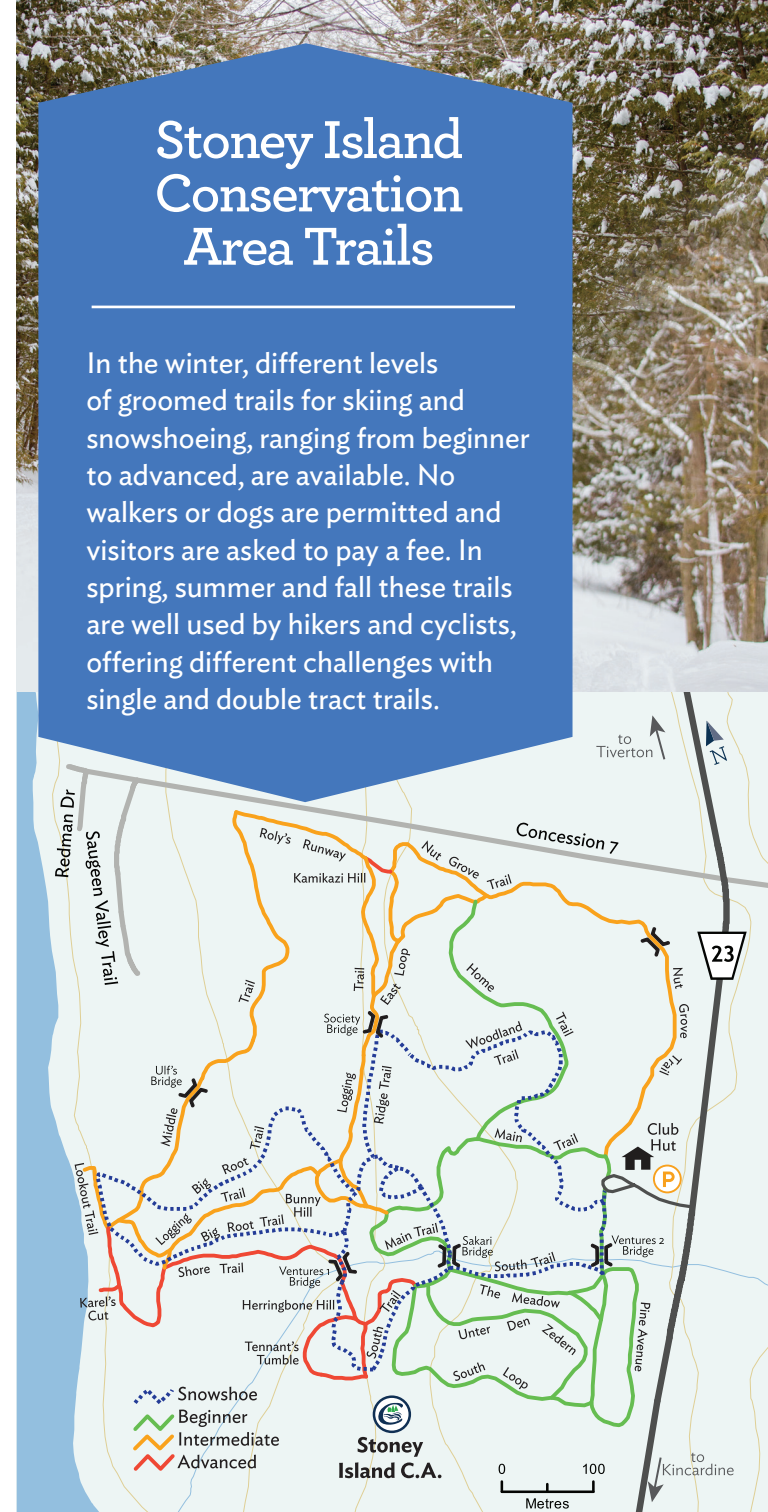
## Colpoys Ski Trails

This 11.5 kilometre trail meanders through a mix of open fields and woodland lots. A section of the trail follows the well known Bruce Trail and offers scenic vistas of Colpoys Bay. The trailhead is located on Bruce Road 9 north of Colpoys Bay, northeast of Wiarton.



## Stoney Island Conservation Area Trails

In the winter, different levels of groomed trails for skiing and snowshoeing, ranging from beginner to advanced, are available. No walkers or dogs are permitted and visitors are asked to pay a fee. In spring, summer and fall these trails are well used by hikers and cyclists, offering different challenges with single and double tract trails.



## Bruce Trail

The Bruce Peninsula portion of the Bruce Trail is 163 km of Main Trail and 101 km of Side Trail, providing the best views of Georgian Bay from Wiarton to Tobermory.

### 1 Overhanging Point

Overhanging Point is a massive bowl-shape hollowed out of the cliff, complete with stunning views of Georgian Bay. Spring and fall are the best times to visit this trail. The trail head is located at the Cyprus Lake / Grotto entrance of the Bruce Peninsula National Park. Reserve parking at [pc.gc.ca/grotto](http://pc.gc.ca/grotto)

**Level:** easy with strenuous sections

### 2 Devil's Monument

The largest of the Bruce Peninsula's flowerpot formations and one of the many spectacular places along the craggy shoreline known for incredible views along this 2 to 5 kilometre hike.

**Level:** moderate

### 3 White Bluff

Located within the Smokey Head White Bluffs Nature Reserve, the White Bluff Loop offers three different loop trails that all have incredible views across Isthmus Bay, ranging from 6 to 12 kilometres.

**Level:** moderate

### 4 Lion's Head

One of the best views on the Bruce, while a challenging 16 kilometre hike, the end result is unforgettable. Reserve parking at [lionsheadparking.ca](http://lionsheadparking.ca).

**Level:** strenuous

### 5 Jackson's Cove

This 3 to 17 kilometre loop features an ever-changing variety of terrain and amazing view of Jackson Cove and Hope Bay with platforms and benches available to soak in the view.

**Level:** easy to moderate

### 6 Hope Bay

Hope Bay features the Jack Poste Side Trail, an easy 4 kilometre loop; it is here that you'll uncover the site of the popular glacial potholes, created by a late stage of glaciation.

**Level:** moderate to strenuous

### 7 Sydney Bluff

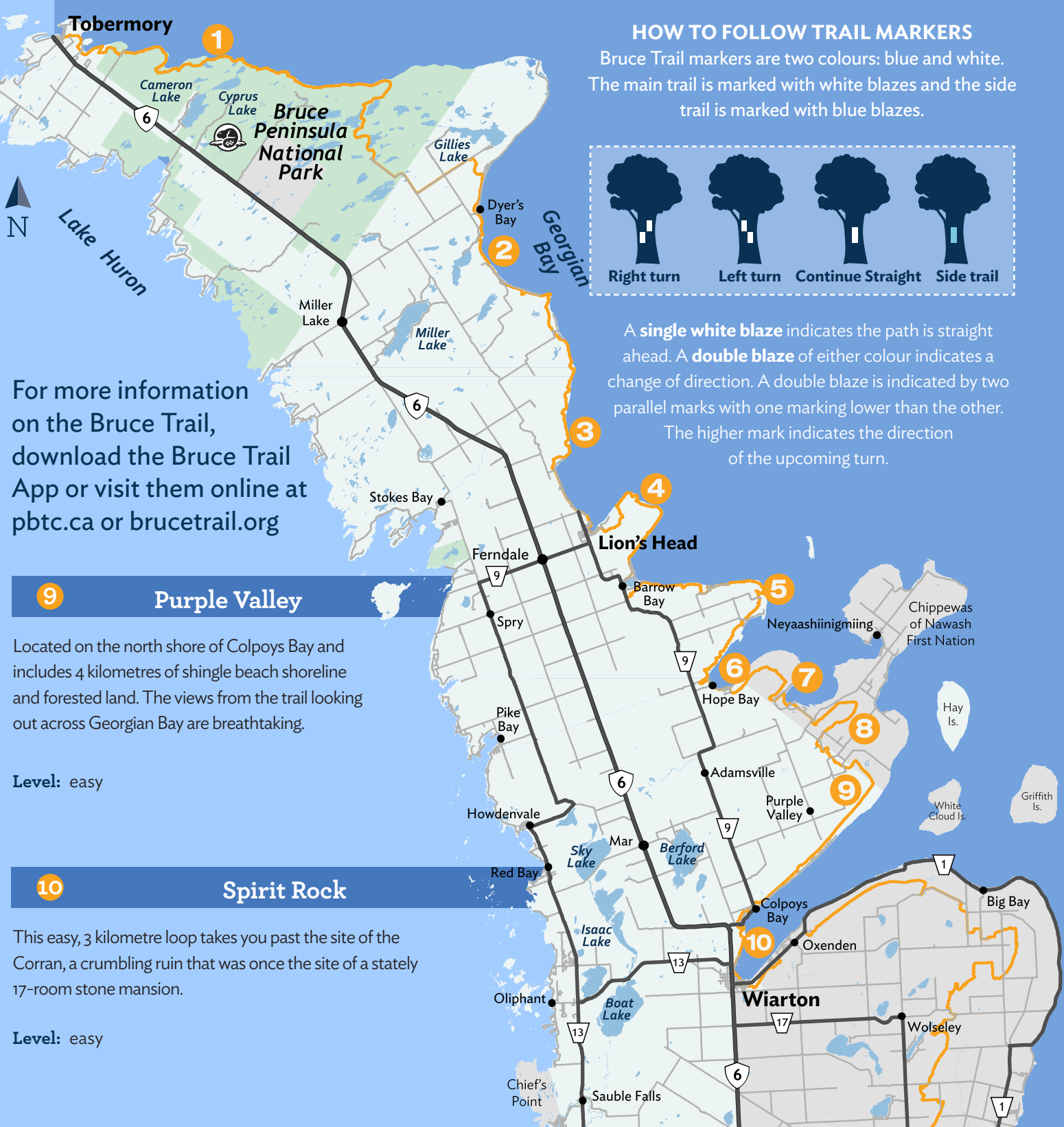
Sydney Bluff features the Ladder Trail, a 8.5 kilometre dead end hike with a crazy steel staircase climb to the amazing views of Georgian Bay. This trail is not accessible for dogs and should be avoided if wet.

**Level:** moderate

### 8 Jones Bluff

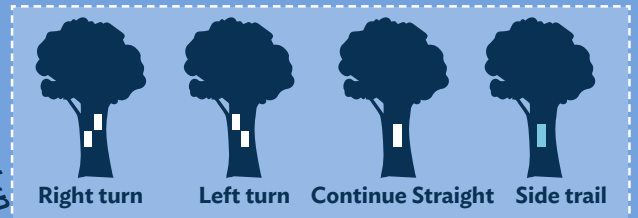
The trail offers a relatively easy hike with beautiful scenic lookouts, but be forewarned that this loop means business with an endurance-testing 8.5 kilometre trek with no shortcuts.

**Level:** easy to moderate



### HOW TO FOLLOW TRAIL MARKERS

Bruce Trail markers are two colours: blue and white. The main trail is marked with white blazes and the side trail is marked with blue blazes.



A **single white blaze** indicates the path is straight ahead. A **double blaze** of either colour indicates a change of direction. A double blaze is indicated by two parallel marks with one marking lower than the other. The higher mark indicates the direction of the upcoming turn.

For more information on the Bruce Trail, download the Bruce Trail App or visit them online at [pbtc.ca](http://pbtc.ca) or [brucetrail.org](http://brucetrail.org)

### 9 Purple Valley

Located on the north shore of Colpoys Bay and includes 4 kilometres of shingle beach shoreline and forested land. The views from the trail looking out across Georgian Bay are breathtaking.

**Level:** easy

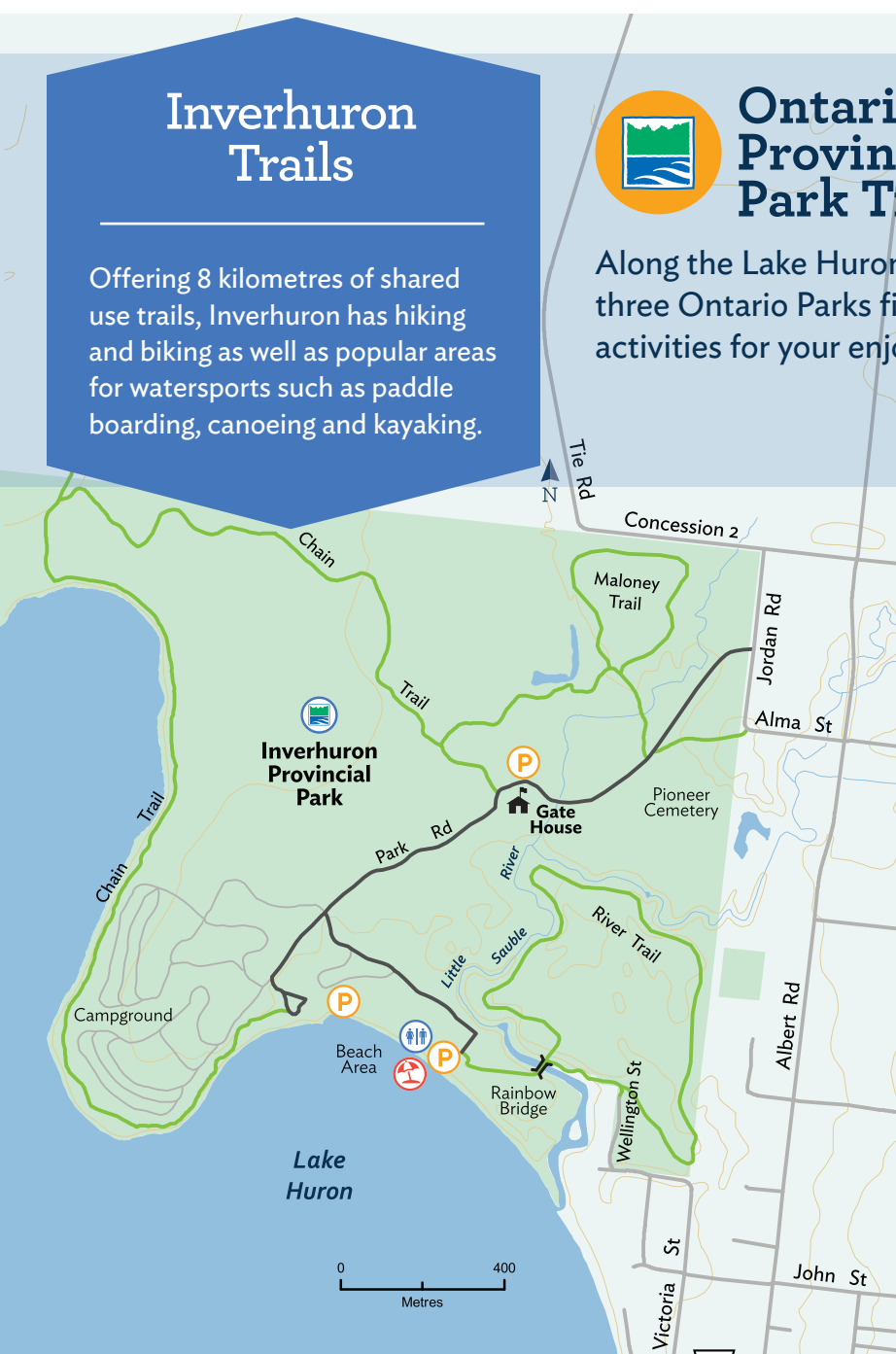
### 10 Spirit Rock

This easy, 3 kilometre loop takes you past the site of the Corran, a crumbling ruin that was once the site of a stately 17-room stone mansion.

**Level:** easy

## Inverhuron Trails

Offering 8 kilometres of shared use trails, Inverhuron has hiking and biking as well as popular areas for watersports such as paddle boarding, canoeing and kayaking.

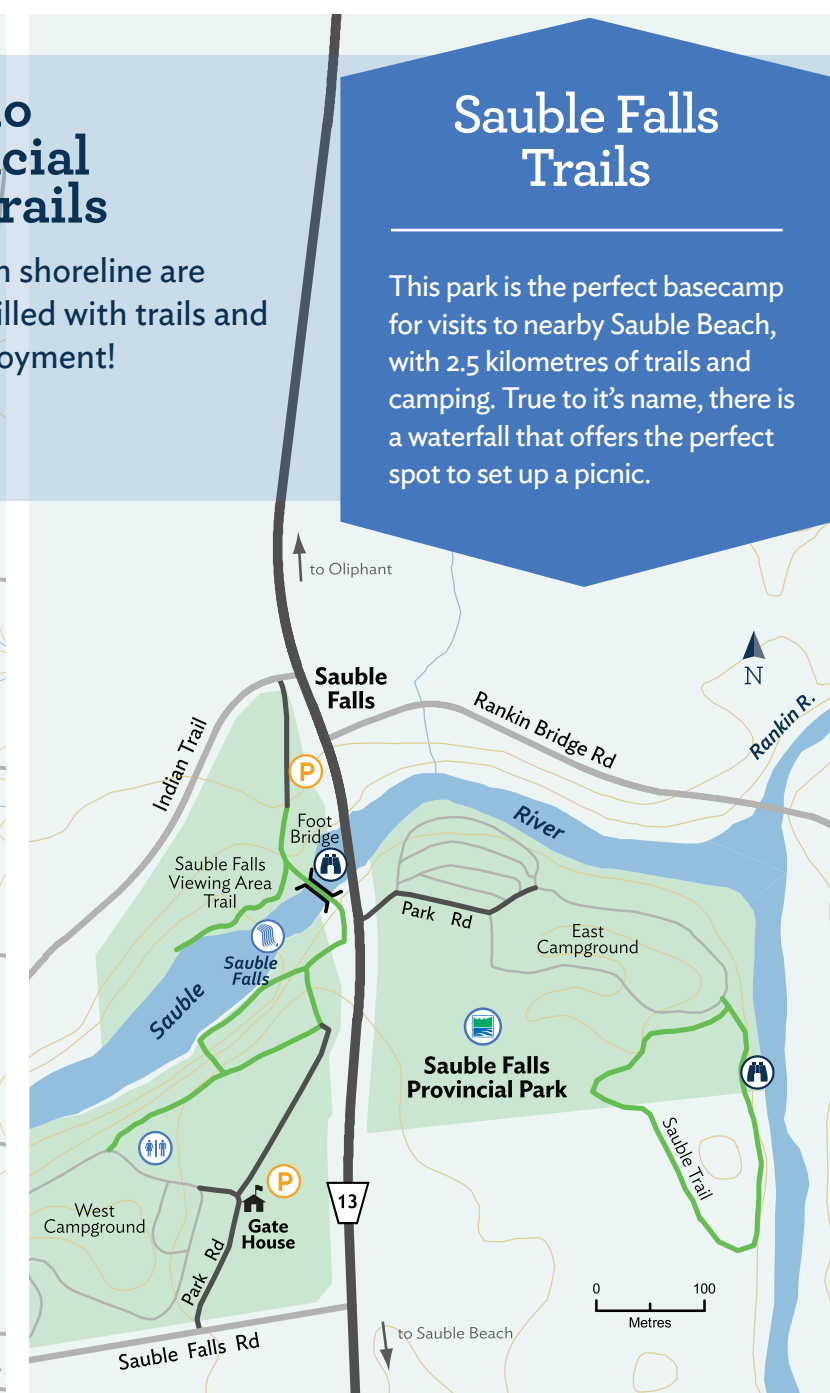


## Ontario Provincial Park Trails

Along the Lake Huron shoreline are three Ontario Parks filled with trails and activities for your enjoyment!

## Sauble Falls Trails

This park is the perfect basecamp for visits to nearby Sauble Beach, with 2.5 kilometres of trails and camping. True to it's name, there is a waterfall that offers the perfect spot to set up a picnic.



## MacGregor Point Trails

Offering 20 kilometres of hiking or cycling in the summer and skating in the winter, this park is open year round! Spend the night camping or in a yurt and relax on the sandy beach or enjoy the tranquility of winter – there's plenty of reasons for every season.